Harmful practices to avoid in all communities...

"REVERSE RACISM"- Misunderstanding what racism is, often equating individual prejudice with systemic racism.

"COLORBLIND"- The concept of colorblindness presents challenge when discussing diversity, which requires being racially aware, and equity which focuses on distributing resources and power fairly to people of all races.

"DIVERSITY ALONE AS A STRATEGY"- Many activists and thinkers critique focusing strictly on diversity. "Diversity is silent on the subject of equity." In other words, equity requires addressing and rectifying the root causes of inequities, whereas diversity, in some cases, cannot be changed.

SOURCE: MADELAINE BRITT, EMERSON NATIONAL HUNGER FELLOW

EDUCATIONAL VIDEO LINKS FOR ALLYSHIP IN THE BLACK COMMUNITY
- Health Disparities in the Black Community: Past & Present
- Verna Myers: How to overcome our biases? Walk boldly toward them
- We need to talk about an injustice | Bryan Stevenson

EDUCATIONAL VIDEO LINKS FOR ALLYSHIP IN THE LATINX COMMUNITY
- Systemic Racism Against Latinos | Unidos US
- A Conversation With Latinos on Race | Op-Docs
- Hispanic Healthcare Disparities